



# Grand Opening!

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Drawing on 1/24/09

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# H1N1 Precautions



**Ask  
the  
Mayor**

*by Mayor  
John  
Peyton*

Jacksonville, like cities all over the world, is now feeling the effects of the H1N1 strain of the influenza A virus, also known as swine flu. With the beginning of the school year, cases of this viral strain have increased, and approximately 800 Floridians have already been hospitalized with confirmed cases of the H1N1 virus.

To ensure that your family members do not become victims of this harmful infection, the Centers for Disease Control (CDC) recommend a simple three-step approach. The first step is to get vaccinated. The CDC has identified five priority groups who are at higher risk for the flu or flu-related complications, are likely to come in contact with flu viruses as part of their occupations and could transmit flu viruses to others in medical care settings, or are in close contact with infants too young to be vaccinated. Those groups are: pregnant women, people who live with or care for infants under the age of 6 months, healthcare and emergency medical services personnel, people ages 6 months to 24 years old and people ages 25 to 64 years old who have medical conditions that put them at

higher risk for influenza-related conditions.

Others should not be vaccinated without first consulting a physician, like people with severe allergies to chicken eggs or those who have had severe reactions to former flu vaccinations. If you have questions about whether you should get an H1N1 flu vaccination, consult your healthcare provider.

Next, the CDC recommends practicing preventative actions, every day. Frequent hand washing, covering coughs and sneezes, and staying home if you are sick, are just a few methods for decreasing the spread of the H1N1 virus.

Last, it is recommended that you correctly use antiviral drugs if your doctor recommends them. It is very important that you visit your family physician immediately if you or a family member experience flu-like symptoms. And, there are multiple antiviral medications that have proven to be extremely effective against this flu strain.

Take precautions to ensure that your family is safe this flu season. For the most up-to-date H1N1 and seasonal flu information, go to the State of Florida's official flu safety Web site, [www.myflusafety.com](http://www.myflusafety.com). Additional information is also available through the Duval County Health Department, and the Centers for Disease Control and Prevention.

# Pan Am 103

Continued from front page

Megrahi home on the plane, a symbol of the value they placed on his service to Libya as a government official.

We now have the Libyan ambassador to the United States, Ali Aujali, writing an editorial in the Wall Street Journal (September 3, 2009) wherein he calls into question even Megrahi's role in the crime:

"While many take Mr. Megrahi's guilt for granted, there is a large and growing body of evidence that casts serious doubt on his conviction and suggests that an innocent man may have been languishing in prison. This is a view shared by many observers - not only in Tripoli, but in Edinburgh, London, New York, Washington and even among many families of the victims of that terrible act."

As an FBI agent who worked on this case extensively, including testifying in (the Scottish version of) grand jury

proceedings in Scotland and at the trial in the Netherlands, I take great exception to Mr. Aujali's comments. While his may be a view shared by others, it is neither large, nor growing, nor is it supported by a body of evidence.

One can always find alternative views of major events in history - the Kennedy assassination, moon landings and 9/11 are such examples - and they are rarely accompanied by evidence. The real evidence in this case proved beyond any reasonable doubt that Megrahi, in his role as an intelligence officer of the Libyan Intelligence Service, caused a bomb to be placed into the cargo hold of the 747 aircraft known that night as Pan Am flight 103.

Aujali writes, "Mr. Megrahi has been pursuing an appeal in order to clear his name. But when he learned of his terminal illness, he gave up in order to spend his

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